

Quotes to learn by

Compiled from:

Light, Richard J. (2001).

Making the most of college: Students speak their minds.

Cambridge: Harvard University Press.

“Things that worked for me in high school, I discovered, don’t work for me in college. I really was unprepared for the amount of material that is presented here and the speed at which it is presented. It was a bit of a shock. Things I picked up quickly in high school I couldn’t pick up so easily any more.

Here at college I wasn’t being checked every day.

I did not get off to a great start because I had never really learned to study this enormous amount of material in a systematic way. I tended to do one subject for a big span of time and then neglect it for a week. Then I moved on to another subject, and forgot about that for a week. So there was no continuity with each course. That had a lot to do with it. Finally I figured it out. This year, I’m pushing myself to spend a little bit of time every day on each subject.”

source : Light, Richard J. (2001) Making the Most of College: Students speak their minds, pp.23–24

“The critical word is *time*.

Sophomores who had a great first year typically talked about realizing, when they got to college, that they had to think about how to spend their time.

They mentioned time management, and time allocation, and time as a scarce resource. In contrast, sophomores who struggled during their first year rarely referred to time in any way.”

source : Light, Richard J. (2001) Making the Most of College: Students speak their minds, p.24

“Everything here is so fast paced. I forget sometimes, but what I do here in a day is what an exciting month would have been for me back home. It’s really intense.

And I think I don’t realize it until I go home for vacations and sleep until one o’clock in the afternoon.

I forget how in high school I used to go to bed at 10:30pm and wake up at 8:00am. Here you’re going to bed at 1:00am and waking up at 8:30 – I have class at nine every morning. And you’re going from class, to study group, to my part-time job in the library, to meals, to friends, to performance. It’s been a big adjustment.”

source : Light, Richard J. (2001) Making the Most of College: Students speak their minds, p.25

“A substantial commitment to one or two activities other than coursework – for as much as twenty hours per week – has little to no relationship to grades. But such commitments *do* have a strong relationship to overall satisfaction with college life.

More involvement is strongly correlated with higher satisfaction.”

source : Light, Richard J. (2001) Making the Most of College: Students speak their minds, p.26

“I can’t expect the faculty to read my mind, so
in the end it really is up to me to
take charge of this.

My message to other students is simple.
Unending help is available, but you have to
ask for it. I learned an important lesson.
Don’t keep academic problems a secret.

Unfortunately, it took me far too long to learn
it. I hope others with my dilemma
figure this out more quickly.”

source: Light, Richard J. (2001) Making the Most of College: Students speak their minds, p.34

“Good advising may be the single most underestimated characteristic of a successful college experience.”

source: Light, Richard J. (2001) Making the Most of College: Students speak their minds, p.81